



- ✓ Quad action AM/PM formula with nighttime cleansing tea
- ✓ Helps Eliminate intestinal parasites and their eggs
- ✓ Now with Ultimate Probiotics

Ultimate Digestive Health Owner's Manual



Welcome To Better Health!

Thank you for choosing the Ultimate Colon Cleanse Program. You've made a very wise investment and are about to embark on a journey that will yield you remarkable health benefits. Follow the simple instructions in this guide for the next 30 days (or longer if you want to continue enjoying the revitalizing benefits of the Ultimate Colon Cleanse Program) and you'll experience a surge in energy, loss of unwanted weight, better skin, and many of the other health benefits that come from using what our customers say is "the best colon cleansing system available."

What's Inside The Ultimate Colon Cleanse Program?

The Ultimate Colon Cleanse Program is made up of 4 specially formulated components that work in harmony to give you the vital health benefits of a clean and detoxified colon:

- **Ultimate Internal Cleansing Fiber** – A special blend of 14 natural herbal ingredients designed to loosen and remove deeply impacted toxic buildup in the colon. Professionally formulated to soothe and protect the intestinal tract while cleansing, Ultimate Internal Cleansing Fiber is safe and gentle enough for everyday use.
- **Ultimate Anti-Parasite Support** – Helps your body kill and expel potentially dangerous intestinal worms, their eggs and other parasites that inhabit the body. The herbal remedies in Ultimate Anti-Parasite have been in use for thousands of years and are proven to be safe and effective.
- **Ultimate Probiotics Formula** – A special formulation offering 8 different strains of highly beneficial bacteria. The specially coated vegetarian capsules safely deliver over 4 billion healthy microorganisms to your intestines, helping your body naturally eliminate toxins and support shedding excess weight.
- **Ultimate Nighttime Cleansing Tea** – A delicious, caffeine-free herbal tea consumed before bedtime that works with your body's chemistry to naturally push the detached toxic buildup and dead parasites through your colon and out your system each morning.

Directions: 30 Days To Better Health!

Day 1 through Day 5

Each Morning: On an empty stomach, take 2 Ultimate Anti-Parasite Support capsules with an 8-ounce glass of water. Go about your normal morning routine for 20 minutes, then mix ½ scoop of Ultimate Internal Cleansing Fiber with the beverage of your choice and drink right away. Don't wait and allow it to become too thick before drinking! Follow up by immediately drinking an 8-ounce glass of pure water. You may go about your morning breakfast routine.

***A Word About Flavor:** Cleansing herbs can be bitter. The active herbs and premium quality fiber used in Ultimate Colon Cleanse were chosen for their effectiveness in cleansing and detoxifying the colon. We've formulated our Ultimate Internal Cleansing Fiber without any artificial flavorings or sweeteners.*

To improve the taste further, we suggest mixing the Ultimate Internal Cleansing Fiber with pure orange juice, soy milk or another 100% fruit juice. Excellent results are achieved by using a blender, which will help make it smooth and creamy. Delicious things happen when you add fresh fruit, like half a banana or some strawberries! It's quite OK to have fun and experiment, but please make sure you always drink your pure water as directed.

During The Day: You must drink at least 8 full glasses (8-ounces each) of pure water each day. This is very important for two reasons: 1) it assists with the cleansing action of the herbs and fiber and 2) the herbs and fiber absorb a lot of water and constipation can result if too little water is consumed. The pure water you drink should be in addition to any juice, coffee, tea or other liquids you normally consume during the day.

30 Minutes Before Dinner: Take 2 capsules of the Ultimate Probiotics Formula with an 8-ounce glass of water on an empty stomach 30 minutes prior to your evening meal.

Before Going To Bed: Steep 1 bag of the Ultimate Nighttime Cleansing Tea in a cup of hot water for 2 minutes and enjoy. It's normal to feel the urge to have a bowel movement first thing in the morning. You may also feel some slight cramping the first few days you're on the program. This is perfectly normal and is a sign that the cleansing tea is working to help loosen and expel impacted toxic colon buildup and parasites.

Directions: 30 Days To Better Health!

Day 6 through Day 30

Follow the same schedule as you did for days 1 through 5, except now take 4 Ultimate Anti-Parasite Support capsules in the morning and increase to a full scoop (1 tablespoon) of the Ultimate Internal Cleansing Fiber.

Depending on your individual comfort level and whether you want more or less cleansing action, you may take up to one and a half scoops (1.5 tablespoons) of the Ultimate Internal Cleansing Fiber. Mix the fiber with the beverage of your choice and drink right away.

Please drink plenty of water throughout the day. Remember to drink at least 8 full glasses (8-ounces each) of pure water each day. Late afternoon or early evening, about thirty minutes prior to your evening meal, on an empty stomach, take 2 capsules of the Ultimate Probiotics Formula with an 8-ounce glass of water.

At night, increase the steeping time for the Ultimate Nighttime Cleansing Tea to between 3 and 6 minutes, depending on the amount of cleansing action desired in the morning. Since body types differ from person to person, some may need less steeping time (as little as 1 minute) and others need more (possibly 6-8 minutes) to achieve the same results.

Do You Feel Great And Want To Continue For Another 30 Days?

After completing the first 30 days, we recommend that you stop taking the Ultimate Anti-Parasite Support capsules and stop drinking the Ultimate Nighttime Cleansing Tea for 5 days. Continue taking the Ultimate Internal Cleansing Fiber as usual.

On the 6th day, you can once again begin taking 4 Ultimate Anti-Parasite Support capsules each morning and drinking the Ultimate Nighttime Cleansing Tea before going to bed. As needed, repeat this 30-day process for up to 90 days.

After 90 days on the Ultimate Colon Cleanse Program, you should no longer need to take the Ultimate Anti-Parasite Support or Ultimate Nighttime Cleansing Tea. We do recommend, however, that you continue to use the Ultimate Internal Cleansing Fiber every morning for as long as you want to enjoy the energy and vibrancy of having a clean, healthy colon.

What Our Customers Are Saying About Ultimate Colon Cleanse

Weight Loss

“I have spent years dealing with weight problems, lower back pain, constipation, and low energy. After learning about the Ultimate Colon Cleanse and your promise not to CHARGE me for 30 days, I could see no reason not to try it. All I can say now is, THANK YOU! Your product is wonderful! It is so simple to use, it fits into any lifestyle, and the results are incredible. I finished my first 30 days and I am just amazed at how wonderful I feel. I have lost weight, my lower back pain is almost gone, and my energy level is through the roof!”

Andrea M. (West Chester, OH)



“I have found your Ultimate Colon Cleanse to have amazing results. I am a health and physical education teacher and coach so I understand the need for colon cleansing. I tried other products but their results do not compare. After starting the Ultimate Colon Cleanse program I have improved regularity, feel trimmer and more energetic, and I can see that my stomach is flatter as well. Thank you for making such a great product.”

Shella W. (Los Angeles, CA)



“I was searching for diet solutions when I stumbled upon your Ultimate Colon Cleanse. I had gained weight after having a baby at the age of 37. I decided to try the Ultimate Colon Cleanse and started the program right away. Soon my hunger pangs went completely. A week into the program my stomach started to flatten. Now, after 30 days I've lost 7.5 pounds without even trying. I feel that life is good again.”

Frances R. (Birmingham, GB, UK)



What Our Customers Are Saying About Ultimate Colon Cleanse

Relief from Gas / Bloating



"I am thrilled with your fabulous product. I started taking the Ultimate Colon Cleanse, followed the simple instructions and saw results quickly. My bloaty feelings & constipation vanished. I have more energy, even in this HOT Florida heat! My husband says my skin has a 'lovely glow' and my hair really has a healthier feel. I must say, I am completely pleased with the Ultimate Colon Cleanse."

Audrey V. (Venice, FL)



"A great one! The Ultimate Colon Cleanse program helped me accomplish exactly what I had set out to do. I am almost done with the 30-day program and the bloated feeling is completely gone. I feel like I've got tone back in my abdomen."

Bruce B. (San Jose, CA)



"I had to let you know what a wonderful product you have. I'm a Registered Nurse so I know how important a well-running digestive system is to a person's overall health. My husband and I decided to try the Ultimate Colon Cleanse. I am so amazed at what it has done for both of us. For as long as I can remember, I have struggled with constipation, bloating, gas, and abdominal discomfort several times a month. Before I started the Ultimate Colon Cleanse program I never felt as good as I do now."

Tracy & Tim S. (Fallon, NV)

What Our Customers Are Saying About Ultimate Colon Cleanse

Relief from Constipation



"My life was changed completely the day my physical therapist suggested I try Ultimate Colon Cleanse. He thought it might relieve my constant fatigue and constipation. I can only say that if you have no regularity, if you have that "little tummy" that won't go away, you owe it to yourself to use the Ultimate Colon Cleanse. It saved my life, it can save yours."

Susan M. (Kula, HI)



"I have had ongoing problems with irregular bowel movements. I wondered if anyone or anything could really help. Well, now I know the Ultimate Colon Cleanse provides the results I was looking for. I now have regular movements every day. The bloating and constipation are gone and I feel better knowing my health has improved."

Neil O. (Santa Maria, CA)



"After weeks of dieting and exercising, I noticed the harder I worked out the more constipated I would get. I always had problems with constipation, but not like this. I researched online and decided to try Ultimate Colon Cleanse. I was pleasantly surprised that the program was so easy to follow. And it started working right away. My bowels started moving daily since I began Ultimate Colon Cleanse. It feels great to be regular. Plus, I started losing the weight in a healthy way!"

Michele L. (Sarasota, FL)



If you have any questions or comments,
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